

# BENNINGTON TRAIL MAP

This is a map of trails with public access in the Town of Bennington. Bicycling is allowed on trails shown in red. Trails shown in dotted lines are planned future trails and not yet open to the public. Access to these trails is due to the generosity of property owners. Use of motorized vehicles, littering, or camping is not permitted. Use of the trails is at your own risk.

- 1** Mile-Round Woods & Short Aldrich Trails
- 2** Robert Frost Trail
- 3** Bennington College  
*Some Biking*
- 4** East Rd. + Willow Park
- 5** Maneely Park
- 6** White Rocks
- 7** Mt. Anthony Network  
*Some Biking*
- 8** Southern Vermont Medical Center (SVMC) Trail
- 9** Bennington Museum
- 10** Walloomsac Path
- 11** Y-Woods
- 12** Greenberg Headwaters Park
- 13** One World Conservation Trails
- 14** Ninja Interim Path

 **TRAILS THAT ALLOW BICYCLING**

 **LANDMARKS & ATTRACTIONS**

 **PUBLIC PARKING**

 **LIMITED PUBLIC PARKING**

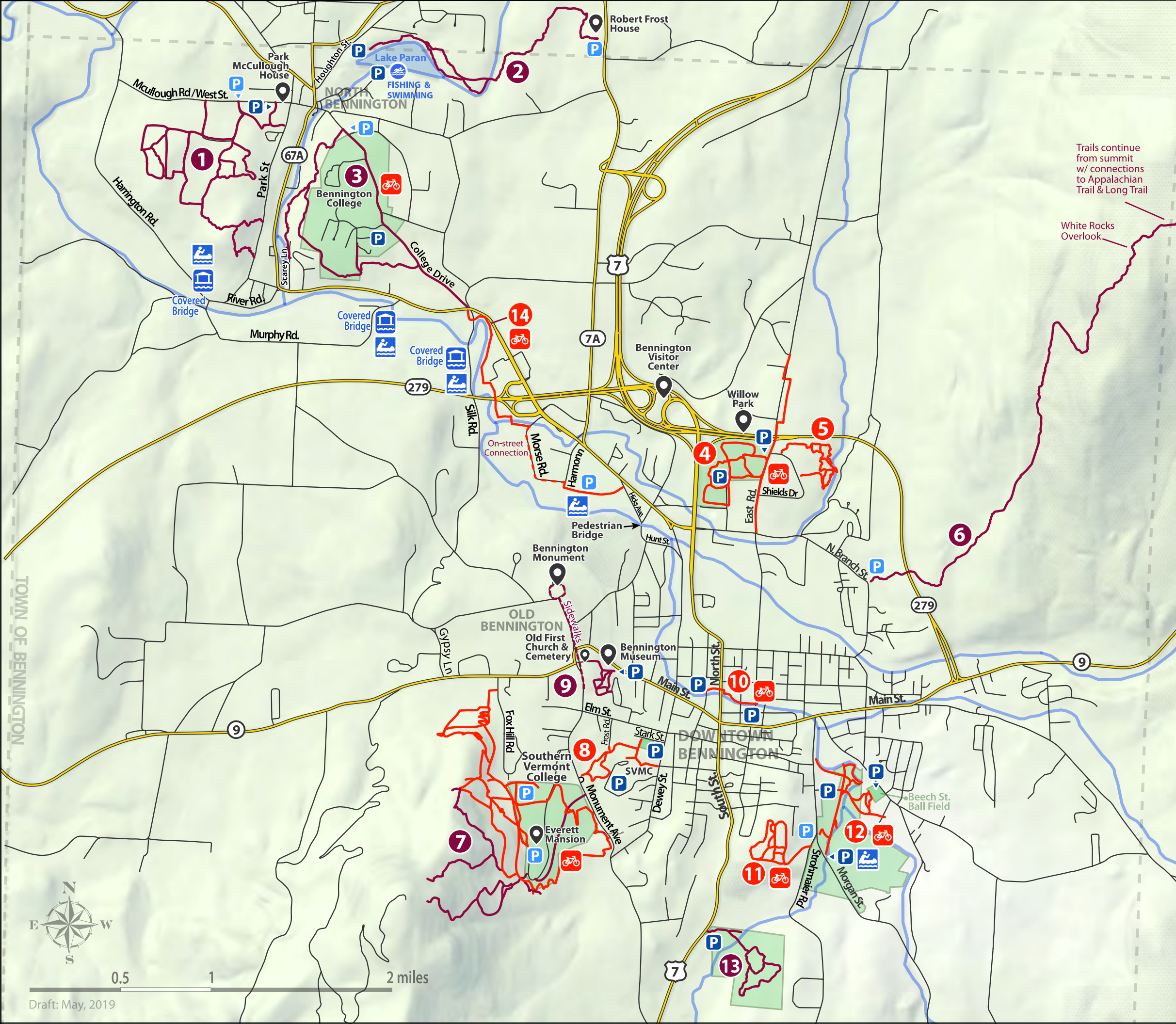
 **RIVERS**

 **CANOE & KAYAK PUT-IN**

For more information:  
[www.trailfinder.info](http://www.trailfinder.info)  
[benningtonvt.org](http://benningtonvt.org)



 **REVERSE SIDE**  
 More information on trails...





# BENNINGTON TRAIL MAP

## 1 Mile-Round Woods & Short Aldrich Trails

Mile-Round Woods trails can be accessed at the Park-McCullough House, Park Street, or West Street/McCullough Road. A network of trails features woods, wetlands, and farm fields with views of the Valley of Vermont. The path network offers different combinations of loop walks. Dogs must be kept on a leash. The path is accessible all year. Good for all skill levels. **Level: easy**

## 2 Robert Frost Trail

Located on the north side of Lake Paran, the Robert Frost Trail is an out and back path through rich stands of timber on farmland once owned by Robert Frost. It extends two miles to the Robert Frost House on Route 7A in Shaftsbury. There are views of Paran Creek from a footbridge at the trail's midpoint. The trail is marked with blue blazes. **Level: easy**

## 3 Bennington College Some Biking

Traverse fields, forest, and hills on a public path that winds around the Bennington College campus. The path connects to North Bennington Village via Prospect Street. Access the path from campus, Prospect Street/College Road, or Scarey Lane. **Level: easy**

## 4 East Rd. + Willow Park

An easy paved path loops around Willow Park with access from the parking lot off East Road. The trail connects to a multi-use path on East Road. The East Road multi-use path connects to Mount Anthony Union High School and Middle School. Biking is permitted on both of these trails. **Level: easy**

## 5 Maneely Park

The Maneely Park trails can be accessed from the northern section of Shields Drive. The short one -mile loop is ideal for walking or mountain biking. **Level: moderate**

## 6 White Rocks

Located in the Glastenbury Wilderness Area of the Green Mountain National Forest, trailhead access is at the sharp turn on North Branch Street. The White Rocks trail climbs to the top of Bald Mountain (2857 ft/ 871 m). At the summit it connects with the Appalachian and Long Trail. A rocky overlook area just west of the trail offers excellent views of the valley below. Parking limited. The round trip hike is 7.2 miles. **Level: challenging**

## 7 Mt. Anthony Network Some Biking

The Mount Anthony Network of trails is accessed from the Southern Vermont College (SVC) campus, Monument Avenue, or Fox Hill Road. The trail network has spectacular views of the Green Mountains, a haunted pool and an old cave. A kiosk with maps is located on SVC's lower campus. Limited parking is available at the field house and at the southern end of the mansion parking lot. No overnight parking is allowed. The SVC parking lots and trail entry points are sometimes closed for college events (Commencement Weekend, student move-in days, and occasionally for other events). **Level: moderate to challenging**

## 8 SVMC Trail

Starting at the Stark Street Park, the Southern Vermont Medical Center trail twists through the forest around SVMC and ends at Monument Avenue. Here you can hook up with the Hops & Vines Trail, part of the Mt. Anthony Network. **Level: moderate**

## 9 Bennington Museum

The George Aiken Wildflower Trail in the Bennington Museum's Hadwen Woods is a series of four trails winding through a six-acre woodlot and along Jennings Brook. It features many of the more than 300 wildflowers and 40 native ferns that Aiken (a two-time Vermont governor and six-time U.S. Senator) raised and sold in his nursery in Putney and wrote about in his book "Pioneering With Wildflowers". Dogs are welcomed but must be on a leash. Open dawn to dusk. **Level: easy**

## 10 Walloomsac Path

This easy, level path follows the Walloomsac River from Park Street near the Bennington Elementary School to the parking lot behind the Bennington Station. Well-located benches offer views of the river. **Level: easy**

## 11 Y-Woods

The Y-Woods trails can be accessed from Middle Pownal Road and Crescent Boulevard from informal parking lots. The parking lots and trailheads are not marked. The trails wind through a lush woodlot on a hill. **Level: easy**

## 12 Greenberg Headwaters Park

With access from the Beech Street Ball Fields, Belvedeere Street, and the former trolley line at Morgan Street, these trails allow exploration of extensive wetlands just outside of the downtown. The trails also lead to easy access points for kayaking and fishing. **Level: easy**

## 13 One World Conservation Trails

Right off Route 7, several paths offer an easy walk on the nature preserve. Hikers can enjoy a diverse landscape including a wetland, a meadow and a forest, with benches to enjoy the scenery. **Level: easy**

## 14 Ninja Interim Path

This string of paths and short on-street section allow cyclists and pedestrians to avoid Route VT67A. The northern 0.3-mile paved path begins on Silk Rd. opposite the Bennington College entrance on Route VT67A. A dirt path continues for 0.7 miles through woods, under Route 279 and across Furnace Brook ending on Morse Rd. at Bennington Self Storage. Follow Morse Road south for 0.5 miles and connect to a 0.4-mile paved path behind Walmart connecting to Hicks Ave. Total length is 2.3 miles. **Level: easy**

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*The Bennington Trail Map was funded by a Municipal Planning Grant from the Vermont Department of Housing and Community Development.*